



Friday Five

October 6, 2017

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Opioid Replacement Therapy Guidelines

The *Principles for the Provision of Opioid Dependence Treatment* by Manitoba Pharmacists guideline document has been updated and renamed the [Opioid Replacement Therapy Guidelines for Manitoba Pharmacists](#) (ORT Guidelines).

ORT Guidelines is a new title that corresponds with the interprofessional Opioid Replacement Therapy 101 workshop which is required education for at least one pharmacist at each pharmacy that is dispensing methadone or buprenorphine. Other changes include:

- More comprehensive drug information and updated education requirements on buprenorphine/naloxone as the use of this medication has increased with new provincial drug coverage
- Updated information from Provincial Drug Programs for methadone reimbursement procedures

Pharmacists dispensing ORT must review the updated ORT Guidelines. For more information, please visit:

<http://www.cphm.ca/site/legislation?nav=practice#guide>

If you are interested in registering for the Opioid Replacement Therapy 101: An Introduction to Clinical Practice workshop, please contact Karen Sorenson at the College of Physicians and Surgeons of Manitoba by email:

ksorenson@cpsm.mb.ca.

Updated Pharmacy Technician Final Check Application

College Council has approved two significant changes to the Pharmacy Technician Final Check Application:

- Pharmacy managers can now submit their completed applications directly to the College for review and approval, based on criteria established by Council. This will streamline the approval process, making it more

Professional Development Opportunities

Health Sciences Centre
Winnipeg presents:

[The 21st Annual Bug Day](#)

Tuesday, October 17,
2017

Online Programs:

[Oral-Systemic Health Education for Non-Dental Healthcare Providers](#)

[Ordering Lab Tests for Manitoba Pharmacists](#)

Visit www.cphm.ca for more information on [Expanded Scope of Practice](#) training.

[Self-Limiting Conditions Independent Study Program](#)

Visit www.cphm.ca for more information on [Expanded Scope](#)

- efficient and timely.
- Sections 4-7 of the application are combined into one section: Section 4 – Final Check Policy and Procedure Document to better represent the document requirements. The pharmacy manager should provide the required information in the policy and procedure document developed for their pharmacy staff and include the document with the Final Check Application.

Please visit the [Applications](#) section of the College website to review the updated application and additional resources.

Pharmacy Compounding Standards Timelines

On February 6, 2017, College Council approved the implementation schedule for the National Association of Pharmacy Regulatory Authorities (NAPRA) [Model Standards for Pharmacy Compounding of Hazardous Sterile Preparations](#) and the [Model Standards for Pharmacy Compounding of Non-Hazardous Sterile Preparations](#) and members and stakeholders were advised in the [Spring 2017 Newsletter](#).

Timelines for implementation of the NAPRA Model Standards for Pharmacy Compounding are posted on the College website:

http://www.cphm.ca/site/pharmacy_compounding_standards/hazardous?nav=02

http://www.cphm.ca/site/pharmacy_compounding_standards/non-hazardous?nav=02

[Current standards and guidelines for pharmacy compounding of sterile preparations](#) are also posted on the College website and remain in place until the new Model Standards for Pharmacy Compounding come into effect.

Canadian Patient Safety Week 2017

This year's theme for [Canadian Patient Safety Week](#) (CPSW) is *Take With Questions*, prompting patients to ask five life-saving questions about their medication. CPSW 2017 encourages patients and healthcare professionals to start conversations about medication safety with 5 Questions to Ask About Your Medications and talk with one another to increase awareness of medication safety issues. 5 Questions to Ask About Your Medications is designed to help patients better understand their medications and prevent harm from medication errors.

The Canadian Patient Safety Institute (CPSI) offers a number of excellent [tools and resources](#) to help you honour CPSW including:

- Communications Toolkit to help you with social media, FAQ's, and talking points
- Downloadable graphics in English and French
- New videos about 5 Questions
- 5 Questions resources for patients
- Posters in English, French, Cree, Ojibwe, and many other languages to promote 5 Questions to Ask About Your Medications

[of Practice](#) training.

All PD opportunities are listed on the College website under

[Upcoming Professional Development Opportunities](#)

5 QUESTIONS TO ASK ABOUT YOUR MEDICATIONS

when you see your doctor, nurse, or pharmacist.

1. CHANGES?
Have any medications been added, stopped or changed, and why?

2. CONTINUE?
What medications do I need to keep taking, and why?

3. PROPER USE?
How do I take my medications, and for how long?

4. MONITOR?
How will I know if my medication is working, and what side effects do I watch for?

5. FOLLOW-UP?
Do I need any tests and when do I book my next visit?



Keep your medication record up to date.

Remember to include:

- ✓ drug changes
- ✓ vitamins and minerals
- ✓ herbal/natural products
- ✓ all medications including non-prescription products

Ask your doctor, nurse or pharmacist to review all your medications to see if any can be stopped or reduced.



Pharmacists are encouraged to talk openly with patients to raise awareness about medication safety issues. Registration is now open for CPSW, **October 30th – November 3rd, 2017**, so plan to participate at your pharmacy and take advantage of the tools and resources provided by CPSI.

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The *Friday Five* e-bulletin is published by the **College of Pharmacists of Manitoba** and is forwarded to every licenced pharmacist in the Province of Manitoba. Decisions of the College of Pharmacists of Manitoba regarding all matters such as regulations, drug-related incidents, etc., are published in the *Friday Five*. The College of Pharmacists of Manitoba therefore assumes that all pharmacists and pharmacy owners are aware of these matters.

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[Friday Five & Newsletter](#), on www.cphm.ca.