What is naloxone and why do you need it?

Naloxone is an antidote to opioid overdose. Taking too much of opioid drugs (like morphine, oxycodone, methadone, heroin, or fentanyl) can slow or stop breathing. Naloxone restores normal breathing and consciousness within 1 to 5 minutes of injection. Giving naloxone can prevent death or brain damage from lack of oxygen during an opioid overdose. Naloxone can be injected through clothing into the big muscle of the thigh, arm, or buttocks.

Signs of an Opioid Overdose

Not responsive to noise or touch
Breathing will be slow or absent
Choking, gurgling or snoring sounds
Lips or nails are blue, skin is cold or clammy
Pupils are tiny

Overdose is a medical emergency - CALL 9-1-1 | Tell attendant: Person is not responsive and not breathing.

Health Links: (204) 788-8200 in Winnipeg or toll free 1-888-315-9257
MB Poison Centre: 1-855-776-4766

SAVE ME Protocol

Follow the SAVE ME steps below to respond.

Stimulate Unresponsive? CALL 911
Airway 1 breath every 5 seconds
Ventilate Evaluate
Muscular Injection Evaluate 1st dose of naloxone 2nd dose?

If the person must be left unattended at any time, put them in the recovery position.

How to Give Breaths

1. Tilt head back to open the airway.
2. Pinch nose. Cover mouth with mask or clothing
3. Give 1 breath every 5 seconds.

Breathing can slow down during an overdose but the heart is probably still beating - Give breaths to keep them alive.

How to Use Naloxone

1. Tap ampoule to send all liquid to the bottom.
2. Push top away from you to snap open the ampoule.
3. Pull plunger to draw up liquid.

Inject into muscle. Press plunger all the way down to trigger safety (retraction).

www.cphm.ca